

Food Pantry, LAX

Special points of interest:

- We distribute on Tuesday and Friday, 10:00 a.m.—12 noon.
- 355 E. Beach Avenue Inglewood, CA 90302 310-677-5597
- Tuesday and Friday Manager: Dorothy Nino

Inside this issue:

News and Events	2
Partners	3
Clergy Association	4

Manna: Food provided by God to the Israelites during their journey to the promised land

MANNA



Volume XXIX

November 2013

This past summer several Food Pantry-LAX volunteers went on vacation during the same week leaving the pantry short handed. Worried there wouldn't be enough helpers for the Friday morning distribution, I was called in to help. I had been to the Food Pantry on one other occasion to deliver bread, but had not spent an entire morning there. I double checked my day planner to make sure I was available and quickly said yes to helping. I even talked a friend of mine into coming with me.

When we arrived we were pleased to see so many other volunteers there! The call for help reached many people who were willing and able to spend a morning at the Pantry. They were busy bagging fresh bread from the CA D'Oro Bakery, dividing fresh eggs into 1/2 dozen cartons, filling bags for distribution and organizing donated goods into their proper storage place.

As Food Pantry newbies my friend and I were put to work moving eggs from the larger

My Morning at the Pantry by Biz Tanner

containers to the smaller 1/2 dozen sized containers. We washed our hands, put on



Bread being prepared for distribution.

protective gloves and got to work. When we were about half done another volunteer joined our efforts and we finished our assigned task quickly.

We were then given the task of organizing donated goods.

Canned goods are organized by type so Dorothy Nino, the menu planner, can easily decide what foods to distribute each week. For example, the canned beans are all kept together, the noodles and rice boxes are kept together, etc. There were several of us working on this task and, like the egg job, it was quickly finished.

The Food Pantry was buzzing with activity and goodwill. Volunteers were busy, but happy. Whenever I happened to catch someone's eye they gave me a smile and went back to work. I was reminded, not for the first time in my life, that volunteerism feels good.

My final task at the Food Pantry was sweeping the floor. As I swept and as my friend held the dustpan, I realized that like my fellow volun-

teers on that Friday morning, I was happy. My tasks as a volunteer may sound trivial, but I was doing my part and so was everyone else. We had taken the opportunity to bless the lives of others by serving in the Food Pantry and we were doing our best to be helpful and of service to our fellow men. ♦

Nothing is more honorable than a grateful heart.
~ Seneca

Gratitude is the sign of noble souls.
~ Aesop

All that we behold is full of blessings.
~ William Wordsworth

This year the Westchester Women’s Club has donated \$10,000 to Food Pantry, LAX in two separate donations. This is the single largest donation we have received from any individual or organization in the last five years. They have our heartfelt thanks and appreciation.

The Westchester Mom’s organization also made a significant contribution for which we are very appreciative.

During the course of the year, we lost two members of our board, Donna Eggebeen and Emily Mayeda. We lost Donna to family; she is helping take care of some grandchildren that will be consuming much of her time for the foreseeable future. After serving as our secretary for several years, Emily has begun college and is busy there. We miss both of them.

We receive a lot of produce during the summer months and early fall. The Westside Food Bank and the Santa Monica Farmers Market have excess produce because it is the peak growing period for the farmers, and some of that excess comes our way. The produce from the Santa Monica Farmers Market is gathered by Food Forward who then sees that it is de-

News and Events

livered to Holy Nativity Church. They add to it



Volunteers package eggs for distribution.

whatever they harvest from their own garden and bring it to the pantry. Kathy Turk has been directing the gathering of the food from the farmers market and we are grateful to her for her efforts there.

We have had a chronic deficit of canned soup and canned protein and they are items we provide to our clients on a regular basis. Any donations of those items is always appreciated, and if any of our readers has ideas on how we can get more canned soup or canned protein (tune, chicken, beef, beef stew, etc.) we would be very appreciative of their suggestions.

We had a recent visit to the Food Pantry by a man who wants to include us in a video documentary on tak-

ing care of the food needs of the poor. A few years ago we allowed a USC student film crew to use the premises for part of the filming of a student film called, “A Prayer for Unmerited Grace.” If and when either of those enter the public domain, we will point our readers toward them to see what the Food Pantry looks like in action.

We recently received a donation of 5000 toothbrushes. While our primary objective is to distribute food, we’re glad to donate other things we might receive that make our clients lives a little easier or more hygienic. We will be putting several toothbrushes in each order until we run out of them.

Warm Meals Programs

In addition to their support of the Food Pantry, two member churches of the clergy association, St. Jerome and Westchester United Methodist, also serve warm lunches to those who have food needs. At St. Jerome, the kitchen takes place in the Parish Hall of St. Jerome’s Catholic Church located at 5550 Thornburn Street, Los Angeles, CA 90045 on the third Saturday of each month from 10:30am to 12:00noon. When the guests arrive, they are served either a grilled cheese or grilled ham and

News cont. from page 2

cheese sandwich with fruit, and a choice of coffee, juice or water. At 11:00am they are served soup and an entrée. For the month of November they will be served a Thanksgiving meal. When St. Jerome started in July, they served 12 people, in August they served 16 people and in September they served 34

people.

At Westchester United Methodist Church, they serve one hot meal on the second Saturday of the month. The doors to Fellowship Hall open at 10:00 A.M. with the meal being served at 11:00 A.M. Depending upon the time of year, they will host 25-50 people at the

meal. Often there is a four course meal offered. The menu usually includes soup, salads, hot entree with sides, dessert, and beverages. The people who prepare and serve this meal are volunteers. WUMC will celebrate their fifth anniversary of the Hot Meal in December 2013. ♦

Thanksgiving, after all, is a word of action.
~ W.J. Cameron

Partners: Westside Food Bank and the Hunger Walk

By Becky Weber

The Westside Food Bank has been in operation since 1981. Since the start of the last recession, the Food

walk. More than 400 people participated and over \$30,000 was raised. Every dollar raised provides a

greatly from the Hunger Walk. 75% of the pledges made by our walkers come back to the Food Pantry.

Bank has seen the need for food assistance programs increase by 73%. The Westside Food Bank distributes annually, 4.7 million pounds of food to over 70 social service agencies. Food Bank distribution is done



Bags of food awaiting distribution at the Food Pantry-LAX.

through agencies – not directly to individuals. Happily, Food Pantry-LAX is one of these agencies.

meal for four people.

Participants in the Hunger Walk are encouraged to get pledge support from friends, family and employers. Walkers can enter individually or as a group. There is no entry fee.

Many individuals representing the Pantry have walked multiple times. Guy Wauthy, a member of the board for Food Pantry-LAX, walked again this year and is credited with raising \$3,095. Nick Crowley, a Westchester resident, has also participated in every walk.

Give thanks for unknown blessings already on their way.
~ Native American Saying

Part of the Westside Food Bank's funds come from the annual 5k Hunger Walk, which they sponsor every October. This October was the 23rd annual

Food Pantry-LAX benefits

The Westside Food Bank and the Hunger Walk afford food assistance to centers which feed thousands of individuals and families. The Westside Food Bank and Hunger Walk are deserving of our moral, physical and financial support. Keep on walking!! ♦

A thankful heart is not only the greatest virtue, but the parent of all the other virtues.
~ Cicero

Food Pantry, LAX

located at:

355 E. Beach Avenue
Inglewood, CA 90302
Phone: 310-677-5597

Between La Brea &
Centinela; one block
North of Florence Ave.

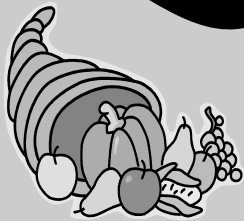
Mailing Address:

8726 S. Sepulveda Blvd.
Suite D PMB 741
Westchester, CA 90045

Email Address

FoodPantryLAX
@Gmail.com

**All donations
are appreciated.**



Volunteers

are always needed at the Pantry, especially now on Tuesdays from 9:30 am to 12:30 pm each week; we also need people able to do food pick-ups as needed. If you can work one day a week, or one day a month, we would love to have you. To volunteer your services please call Dorothy Nino at the Pantry on any Friday, 11 to 12:30 310-677-5597

A Ministry of the Westchester/Ladera Clergy Association since 1985

OUR MISSION: Food Pantry, LAX is an emergency food resource for low-income clients in Inglewood, Westchester, El Segundo, Hawthorne and portions of Los Angeles. Our policy is to provide food for 2 days or six meals to our clients. Clients may come to the Pantry once per week.

BOARD OF DIRECTORS

W. Scott Tanner, President

Johnny Albano, Vice President

Willie Hodges, Treasurer

Molly Nolan, Secretary

Board Members:

Dorothy Nino Mary Thompson

Deacon Guy Wauthy Becky Weber

Hazel White Ed Hayes

Biz Tanner

WESTCHESTER CLERGY ASSOCIATION

The member churches of the Westchester Clergy Association are our sponsoring organization. They are as follows:

Covenant Presbyterian Church

6323 West 80th Street, Los Angeles 90045

La Tijera Methodist Church

7400 Osage Avenue, Los Angeles 90045

Congregational Church of the Messiah

7300 West Manchester Avenue, Los Angeles 90045

First Baptist Church Westchester

8540 La Tijera Boulevard, Los Angeles 90045

Westchester United Methodist Church

8065 Emerson Avenue, Los Angeles 90045

St. Jerome Catholic Church

5550 Thornburn Street, Los Angeles 90045

The Episcopal Church of Holy Nativity

6700 West 83rd Street, Los Angeles 90045

The Church of Jesus Christ of Latter-day Saints

7515 Sepulveda Boulevard, Los Angeles 90045

Knox Presbyterian

8540 La Tijera Boulevard, Los Angeles 90045

University Christian

5831 Centinela Avenue, Los Angeles 90045